The number of older Americans with substance use disorder is expected to reach **5.7 MILLION BY 2020**

- 51% say they are more concerned about the risk of their aging parent(s) abusing prescription drugs than their teenage children.
- 75% admit it's possible to mistake potential signs of substance abuse for normal behaviors of aging.
- 64% say they're less equipped to help their parents than their kids (36%) if they had a problem overusing drugs or alcohol.

WellCare surveyed more than 1,000 Americans ages 30-55 to learn if they are more concerned about substance abuse in their aging parents or in their kids.

**30%** would not feel comfortable having the talk with their parents if they suspected abuse.

- 24% believe a doctor will address the situation.
- 22% fear a parent would get angry at them.
- 20% don't know how to start the conversation.

To start the conversation, visit [https://tinyurl.com/ycu6e7g2](https://tinyurl.com/ycu6e7g2)

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2. *The Tough Talk: Addressing Substance Abuse with Aging Parents.* Survey conducted by Kelton Global and commissioned by WellCare Health Plans, Inc. 2018. All survey participants have a child 13 years or older and a living parent/in-law.